InsightTimer @WORK Registering Your Workplace Account



Download Insight Timer and create your account

The Insight Timer app is available on iPhone, iPad or Android devices. Create an account with your work email address for a quick & easy setup.



Timer. A new experience that puts your everyday wellbeing at the very centre of a newly designed more

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Register your work email

Once you have an Insight Timer account, you'll need to register your work email in the Workplace. Click the Library tab and select Workplace. If you do not see Workplace, click the blue edit button and select add Workplace. Verify your email and job done!



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What if I already have a personal Insight Timer account?

That's okay! Sign in using your existing account, but be sure to register your work email in the Workplace. Once you've done this you will be part of your Workplace and have access to the entire work offering!

